

Ruby Garcia, Editor-in-Chief

5 things freshman girls need to know

Editorial

When I was a freshman in high school, I always wanted someone to give me advice. Now that I'm a senior, I want to give advice to the underclassmen. Here are some tips. 1. Make friends. My experience of being a freshman was different because it was through Zoom, but one of my biggest regrets in life was NOT making friends during my freshman year. Everyone like you is starting new, and they think the same thing as you. So go for it 2. Focus on grades. Middle school is different from high school. Keeping your grades up will always make it less stressful at the end of senior year. Freshman year is a very important year, and you have to take it seriously. Getting bad grades will always make you work twice as hard, especially at the end of your senior year. 3. Feed Your Talents. As much as friends and grades are important, joining a class or sports to improve your talents and can help you get scholarships. Communicate with your counselor about your future and what options you have. 4. Be true to yourself. I always get told this because while making friends sometimes you think we have to change to be included in a friend group, but the best advice is to never change who you are. Be willing to stand alone, if necessary. 5. Make memories. Now that it's my last year I can tell the rest of you that high school goes by fast like a snap, and one of my biggest regrets is not making enough memories. I did not participate in school activities or have spirit, now I don't have those memories for later. So now I'm telling you to participate and have fun. If you're thinking about it, do it.



Photo credit: Chianté' Ridley, Chronoscope Staff



Junior Destiny Allwell finishing her swing at practice. Photo provided by Chronoscope

Story by Aidan Jordan

Allwell becomes first female golfer at T.F. North

In the fall, junior Destiny Allwell became the first girl to play on the boys golf team for T.F. North. "Playing my first year at T.F. North was honestly a whirlwind of emotions. At first, I was really nervous but as the season went on, I found my groove and started to really enjoy the competition. The guys on the team were supportive, and we all pushed each other to do better. Looking back, I think the experience taught me a lot about resilience and breaking barriers. It showed me that with passion and perseverance, you can excel in any field you choose, regardless of gender," said Allwell. Ever since the first golf team was created in the 1960s, there has never been a girl on the team, until now. "Being the first and only female on the golf team was a great experience because not only did I have teammates that I could rely on, I also had boys that I call my brothers who did nothing but treat me with respect and kindness, and I will forever cherish them," said Allwell. "After teaching my own daughters to golf I was excited to see Destiny come out for the boys team this past fall," added Coach Weber. She had good matches with an average of about 58 strokes. "Destiny showed a lot of improvement in her game. She worked hard and put a lot of time and effort into her swing. I was very proud of her and her accomplishments," said Weber. Allwell placed 11th in the conference tournament. She missed being named to the

all-conference team by one stroke. Weber was very proud of her SSC finish. "It was a great start for girls golf at T.F. North," said Weber. Allwell is a true trailblazer leading the way for girls and pushing past that barrier of having an all-boys team be inclusive to anyone. Weber is hoping to build on Allwell's success and leadership by starting a girls golf program. "When I first started the boys soccer program here at T.F. North, in 1997, we had a freshman girl (Julie Canchola) playing on our team. She was pretty good and set the stage for a girls soccer team to be created by her senior year. We're hoping to build the numbers here so we can start a separate team for girls golf. Allwell's performance could spark that interest for girls to follow in her footsteps and realize girls can excel at golf," said Weber. "I hope my story can inspire other girls to pursue their dreams in sports, even if it means stepping into uncharted territory," added Allwell. At the fall sports awards ceremony, Allwell received the MVP Award. "Winning MVP made me feel great, but at the same time I felt empty. Why? Because I knew I could do better than placing 11th in the tournament. So this summer I plan to fill that empty hole in with dedication and hard work. I'll be at the gym harder than before, refining my skills with extra practice sessions," said Allwell. If you are interested in playing golf next season, see Coach Weber in room 265 for more information.

Wrestling Update

Rogelio Romero

Two girls made the wrestling team. Learn why they joined.

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WHM Destinations

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Going to Chicago? Visit these destinations inspired by women.

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Rogelio Romero

Meet the girls of TFN’s wrestling team

Students at North know about the wrestling team, but not that many students know about the only two girls on the team, Ashley Zaragoza and Mirly Camoncho. Zaragoza joined the team her sophomore year and continued it following her junior year. “I’ve been on the wrestling team since my sophomore year, so two years. I plan on wrestling my senior year as well,” said Zaragoza. Zaragoza wanted to try something new and be more involved. Then one day she saw a poster of women’s Olympic wrestling, which moved her. “One day, I saw a poster featuring an Olympic female wrestler, which inspired me because I had no idea that women’s wrestling even existed,” said Zaragoza. And by the time it came to the end of her season, Zaragoza made sure to end it off on a good note. “I even ranked fourth in the conference. Although I still have room for improvement, I’m ready to continue growing and learning for my upcoming season,” said junior Zaragoza.

Mirly Camacho is a senior at T.F. North, and she joined the wrestling team this year. Camacho was encouraged by Mr. Hernandez, one of the coaches of the team, to join. “Mr. Hernandez motivated me to join. He said that wrestling was a good idea because of how aggressive I am, and I will learn a lot about myself as a person and athlete,” said Camacho. Unfortunately, her season ended due to an injury she sustained. “This was my first year wrestling, and it was cut short by an injury that took a while to recover,” said Camacho. To any girls who are thinking of joining the wrestling team, Zaragoza and Camacho have one thing to say: “Go for it.” “I would love to see more girls in the wrestling program. We have an amazing coaching staff, and the team is super inclusive and encouraging,” said Zaragoza. “You will definitely feel way better about life situations. It’ll help you think quicker on actions, and you will gain more confidence in yourself,” added Camacho.



Mirly Camacho
Ashely Zaragoza



Jaela Westbrook & Cormora Williams

TFN’s working moms share their experiences and perspectives

According to the U.S. Department of Labor, “50% of the current workforce is female, and 85% of working women will become mothers during their careers.” Being a working mom is not the easiest thing to do, especially if your children are younger. Many staff members at T.F. North are mothers. Ms. Donovan, who teaches the ICE and 21st Century Entrepreneurship classes, has children and here’s her experience of being a working mom. Donovan said, “Being a working mom is rewarding and challenging. You have to juggle a lot especially when the kids are little because you have to get them dressed and fed before the day starts no matter where they go. It gets better when they get older and can get themselves dressed, and it’s even better when they start driving. Also as they get older more worries come because they are independent so you think: ‘Are they safe?’ ‘Are they okay?’ so

you never stop worrying.” She said being a working mom “forces her to be organized and have good communication with her kids and it’s worth the challenges.” Nurse Hale also shared her perspective on being a working mom. Nurse Hale said, “Being a mother and working is hard sometimes. I’m away from my daughter 8 hours a day, but it gives me time to miss her. I have to be a working mom because I’m a single mother, so I have no other choice. When I was on maternity leave I knew I couldn’t be a stay at home mom. I knew I had to be out doing something. It was hard for me to find childcare, but it was a blessing to find childcare while I was working night and day shifts. Being a working mom is what you make of it, and I chose not to make it difficult.” According to Donovan and Hale, being a working mom is not the easiest, but it’s worth it in the end.

2023-2024

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- Taliah Robinson
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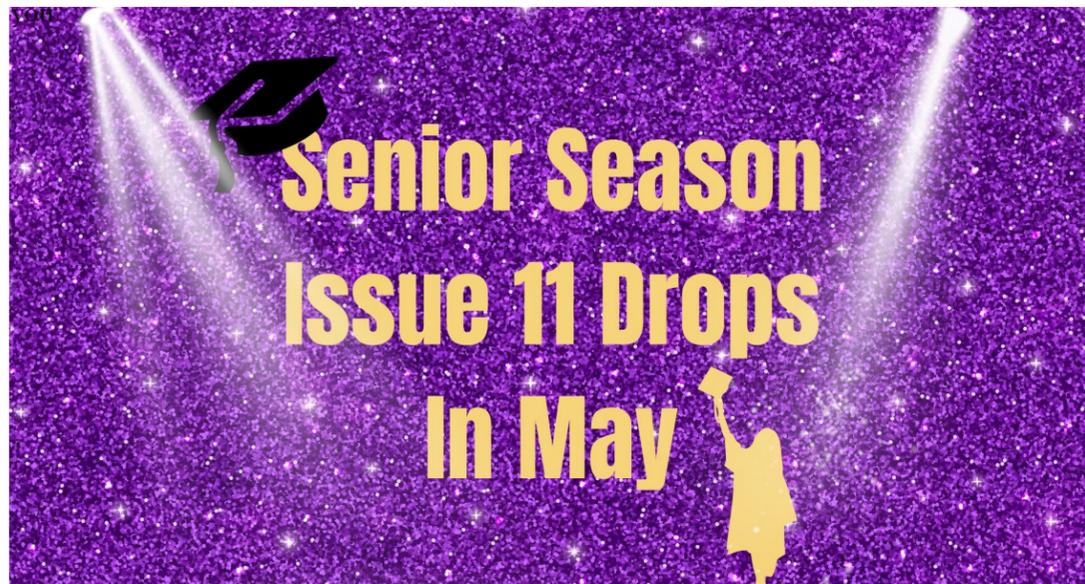
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Established in 1925, the Thorntonian is produced by the Advanced Journalism students of T.F. North High School. It seeks to provide an open forum for all members of the D. 215 community. Opinions expressed do not necessarily represent the official position of D. 215 unless otherwise noted.



Story by the Thorntonian Staff

T.F. North Students Express Gratitude toward their teachers

I appreciate Nurse Hale because she is so sweet and treats me as if I'm her own. I can go talk to her whenever I need to. She has always been there to listen and comfort me. She takes care of me in any way possible. I can talk to her about anything whether it's school related or not. Nurse Hale is like a mother to me in school. We laugh and talk about things a lot. I love Nurse Hale, and I will miss her a lot when I graduate. I might even come back here to visit her. She is very much appreciated.

Jaela Westbrook, senior

I appreciate Ms. Isberg because since my sophomore year, she has always been a helpful and caring person toward me. I can talk to her about anything, school related or not. She has helped me with my personal problems and is always willing to listen if I need to talk. She was my English teacher sophomore year, and we just created a great bond. I've never connected with a teacher in this school how I did with Isberg. I love joking around with her and just her presence in general. She is truly a great person, and I will never forget her.

Cormora Williams, senior

I appreciate Mrs. Csoke a lot. She teaches in a way that is easy to understand. She often gives us notes on the lesson which helps because we can look back at examples in case we are confused. She also takes time to answer questions during class, helps students who are lost, and explains things for a better understanding. Even after school hours, she replies to us on Remind when we have questions about our work, which I appreciate because it means she cares about our understanding. Apart from her teaching skills, she has a great personality and good humor which makes class fun. Overall, she is a great teacher, and I've enjoyed having her class this year.

Ximena Gutierrez, junior

I appreciate Ms. Navarrete because she taught me a lot. She was a great teacher. I had her class sophomore year, and I'm a senior now and I still think about her. She brings so much light into the room. I really enjoyed having her as a teacher. She was always teaching us, but she also made it fun. I remember all the times she told me not to eat in class then continued to ask for some of my snacks. I really appreciate her, and she will be on my mind when I graduate.

Taliah Robinson, senior

I want to thank Ms. Ramos for being such a very fun teacher. She is very funny in a sarcastic way and is very passionate about what she teaches. Being able to take Spanish with Ms. Ramos was an amazing experience because it was never boring, the class was very lively, and it felt as though everyone was a family. When you didn't understand something, she helped and made sure you understood. She made fun games to play to help you practice.

Tianna Bowen, junior

I appreciate Ms. Emerson because she is a very kind and understanding person. She takes time out of her day to answer any questions I would have after school on the Remind app. She helps me with any issues I have in her class. She would always send out reminders of any homework she had posted or remind us to finish reading a chapter in a book after class. She has helped me improve my writing and helps me fix the paragraphs in my essays. Overall I just want to say thank you, Ms. Emerson.

Aidan Jordan, junior

I admire and appreciate Ms. Passarelli in the Guidance Office. She is always there to lend an ear to any problems or questions I have. Her honesty and sarcasm always find a way to find light in any situation. Without her, and the other incredible women in the Guidance Office, my time at this school would have been much more difficult. Thank you Ms. Passarelli most of all for the understanding, energy, and care you carry with every conversation we share together. You and the rest of the Guidance Department keep being the amazing set of women you all are! THANK YOU!

Mia Romo, senior

I would like to thank Ms. Chavez for helping me during a tough time. I first met her my sophomore year. I was going through it, and it seemed at first I had no one to talk to. But she was there for me, and not just for me but for other students too. She loves helping kids, so if you ever need to talk to somebody you can always see Ms. Chavez. You'll get to see how amazing she is in person.

Rogelio Romero, junior

I chose Ms. Stramaglia for this staff appreciation assignment because not only is she my English teacher, but because she is very hard working and someone to look up to as a woman. I will always apprentice her for everything she has done for me. She made me feel comfortable to a point where I can open up, and it feels really good knowing that I can trust her. She's always there for me whenever I feel low and I need that hug. She always makes work less stressful and helps me out a lot. Thank you Ms. S.

Ruby Garcia, senior

Mrs. Braasch is my guidance counselor. She has comforted and reassured me when I had doubt in myself. She is one of the nicest and most kind female staff members I have met at T.F. North. I am internally grateful for Mrs. Braasch because she shows that she supports all of her students and wants the best for all. Mrs. Braasch is the best at making one feel better and shows that she isn't just a counselor, but also a friend.

Miranda Cuanetl, senior

When I took Art Fundamentals my freshman year of TFN, I was lucky enough to get Mrs. Matlock as my art teacher. Her energy and bright enthusiasm would help with my confidence as I improved with my artwork over the years. She is always so positive, happy to help others, and always motivating her students to try their best. She inspired me to be a better artist, and I love the way she hypes up my art. Her compliments make my day. She easily became my favorite teacher and someone I know I can go to for anything like advice.

Emily Sanchez, junior

Ms. McGee became one of my favorite teachers this year because she always tries to find different ways to make class more interesting and fun. She also encourages people not to be shy and try to make us stand out. Instead of making us do something we're not interested in or boring. She asks us for our opinions and what she can do that would make us feel more comfortable. She always gives away extra credit points.

Diamond Adams, senior

Taliah Robinson

Untrue stereotypes affect women

OPINION

Many people have lots of different stereotypes about women. A lot of people think that women are only good for being a housewife in which she only cooks, cleans and takes care of the children and the husband. Women are expected to have jobs like nurses and teachers but not pilots or engineers. People, mostly guys, believe women are flirty because of their nice and kind attitudes. A man can ask a woman for her number, she'll politely decline with a smile on her face and she's labeled as a flirt. But if that woman were to meanly decline then she's boujee. Regardless, it's a lose-lose situation for that woman. Lots of women are also labeled as gold diggers by other men because their boyfriends or husbands spoil them with gifts or money. People think because of this, the woman is just using the man for his money. People fail to realize that women are strong and are heroes. Mainly, women are independent. But they'll always be labeled less than that.

GUEST PLAYLISTS

Curated by
Cormora Williams & Jaela Westbrook

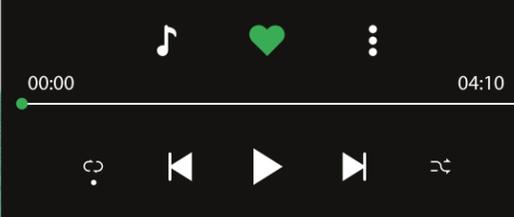
If you're looking to add something to your WHM playlist, here are some song suggestions.

Thorntonian Staff's Picks:

"Love"
by Keyshia Cole

"Best Thing I Never Had"
by Beyonce'

"Pretty Hurts"
by Beyonce'

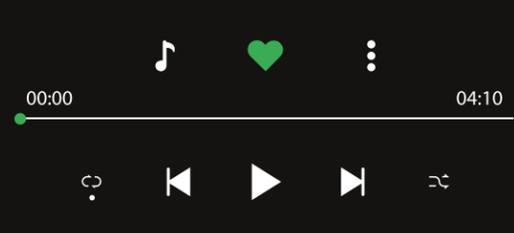


Keyaira McCoy's Picks:

"Free Mind"
by Tems

"No Fear"
by Dej Loaf

"Everything"
by Mary J. Blige

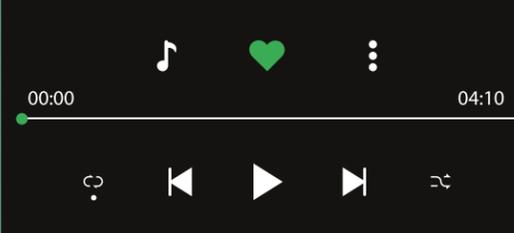


Ms. Wiggins' Picks:

"Roar"
by Katy Perry

"Try"
by Colbie Caillat

"Run the World"
by Beyonce'

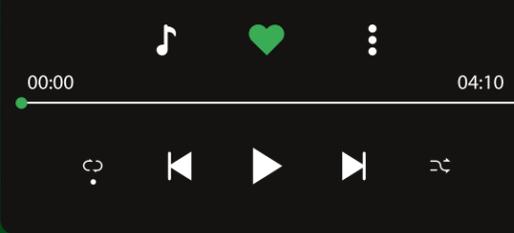


Ms. Stephanie's Picks:

"Girl on Fire"
by Alicia Keys

"Unwritten"
by Natasha Bedingfield

"Champion"
by Carrie Underwood

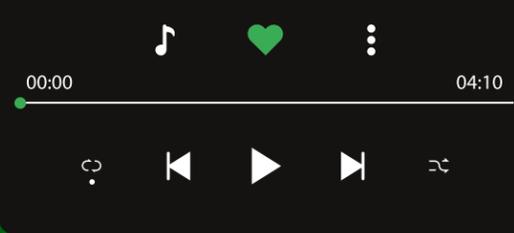


Ms. Santos' Picks:

"Scars to Your Beautiful"
by Alessia Cara

"Stronger"
by Kelly Clarkson

"I Will Survive"
by Gloria Gaynor



This is the last playlist of the year. Thank you to everyone who has participated and supported our feature in the newspaper.

Survey by Mia Romo

Should T.F. North host a Women's History Month Assembly?

"I think T.F. North should host a Women's History Month Assembly...I know every woman at T.F. North would appreciate an assembly," said sophomore Monica Aceves.

"I feel like it would be a nice thing to do for women considering what they had been through in the past and what they did to get to where they are now," said senior Alonzo Valadez.

"I think that if we celebrate any particular group, we should celebrate all groups. I am a big fan of allowing all students and groups to be recognized and celebrated," said Mr. Altenburg.

"Women should get just as much recognition as Hispanic Heritage Month or Black History Month because a lot of people including myself enjoyed the previous assembly, and I love to see talented people doing these types of things," said junior Daisy Rodriguez.

"The same way that the Black History Month Assembly showed the contribution of Black people in art, music, and history, the same can be done for women's history. This school is supposed to be about demonstrating equality, right?" said junior Josiah Jackson.

"I think T.F. North should host a similar Women's History Month Assembly. I say this because both women's and African Americans' rights were fought for during the same periods. For years, women who were not of a wealthy class were not respected and looked down upon by men as useless. In many cultures around the world, women had no say in whom they married, could not work the same jobs as men and if they did would not be paid the same...It was only until World War I & II that the world realized just how much women could do," said sophomore Damari Love.

"As a young woman, I feel it is important for there to be a Women's History Month Assembly to honor all the amazing and honorable women in our country," said sophomore Adilene Cervantes.

"We should have a Women's History Month Assembly to highlight the struggles women go through and also to shed light on female inventors, pioneers, and historical figures. A lot of people are not educated on the history of why we celebrate women, so having an assembly might help more young men to respect women and help young women at T.F. North to understand our history," said senior Jazmyn Robertson.

"Yes! Women are 50% of the population and likely the school. Everyone should see themselves represented in assemblies and celebrations. I think it sends an unintended message that history months are only celebrated if they include men, and straight men since we don't do this for LGBTQ History Month either. The more we celebrate and highlight, the more inclusive we are. All students should see themselves in our all school celebrations and assemblies. I would welcome this assembly and hope that it pushes us to have other acknowledgments and celebrations beyond the binary," said Ms. Biegel.

"There should be a Women's History Month Assembly to honor their success and what they've done for society," said junior Fabian Rodriguez.

"I think we should host an assembly for Women's History Month. I feel like we should do something to showcase the amazing women of the world," said freshman Iyinoluwa Ogunyemi.

"YESSS!!!! The Black History Month Assembly showed a lot of what we African Americans are capable of, and I feel like if you show the school what women have been through and what we're doing now to help our communities, it would encourage our younger generation to be proud of themselves and push them to work harder," said senior Amber Phillips.

"There should be a Women's History Month Assembly similar to the Black History Month Assembly. It can be an opportunity to showcase poems and performances," said freshman Anaeya Kelly.

"Yes, hosting a Women's History Month Assembly not only gives awareness to Black women but also other minorities of women. For years women have been looked down upon. The average person can usually only name three famous women including mainly Rosa Parks, Hillary Clinton, and maybe Harriet Tubman. So making an assembly for Women's History Month can give attention to Black and white women both young and old who have done great things," said senior Victoria Owens.

"I think seeing a Women's History Month Assembly could be a nice and educational experience," said junior Stephanie Montiel.

"They should host a similar assembly for Women's History Month because there are so many women that people don't recognize had a big impact on today's society. I feel like women should be given their props and need to be celebrated. That's why we have them celebrated this month," said sophomore Lauryn Jackson.

"I believe there should be a Women's History Month Assembly because women aren't recognized and given a second thought. Half the world's history is based on men with women usually being pushed away in the shadows. We need to recognize the women who stood up and showed the world that we can be powerful too," said senior Melissa Gallardo.

"YES, we need to celebrate women because they are amazing and the world wouldn't be the same if they didn't exist. Women make everyone's lives easier and have accomplished so much in the world. There are also so many women within our district that should be highlighted and celebrated," said Ms. Navarrete.

"I believe Women's History Month should have an assembly as well due to how amazing and talented the women at T.F. North are. All I know is that there are plenty of talented women, and I want them to embrace that and represent it on stage," said sophomore Venicia Gutierrez.

"Yes because some of the great women in history have not been given enough recognition for all they've done," said freshman Temitayo Babatunde.

"T.F. North should host a similar assembly for Women's History Month because it is just as important, and it allows people an interesting way to learn more about the month," said sophomore Jacquelin Bracamontes.

"T.F. North should host a similar assembly for Women's History Month because there should also be an event to highlight the importance of women and their accomplishments and capabilities," said junior Precious Agwu.



Story by Ximena Gutierrez

Five Chicago destinations inspired by women

Next time you're in Chicago, you have to visit some of these destinations inspired by women.

Maggie Daley Park was named to honor the wife of Chicago's mayor, Richard M. Daley. She was also known as Chicago's longtime first lady. She was the founder of the non profit organization, After School Matters. This organization helps high school teens seek their talents in the STEM field, as well as arts, communications, and sports. Maggie Daley Park includes a mini golf course, a playground, a climbing wall (temporarily closed), and a skating ribbon. It is open every day from 6 am to 9 pm, located at 337 E Randolph St, Chicago, IL.



Maggie Daley Park
Picture from maggiedaley.com



Taste of Chicago
Picture from nbcchicago.com

Jane Byrne became the first woman elected to the office of mayor in a city of more than 3 million people in 1979. She only served one term in office, but during that time, she helped create the Taste of Chicago. The Taste of Chicago is one of the world's largest food festivals! It takes place in September, in Grant Park.



Ida B Wells Drive
Picture from colum.edu



Mary Bartelme Park
Picture from chicagoparkdistrict.com

Ida B. Wells was a significant African-American journalist, suffragist, and civil rights activist. She fought against racial injustice and was a leader in the anti-lynching movement. On July 25, 2018, the Chicago City Council renamed the street, Congress Parkway, to Ida B. Wells Drive in honor of Ida B. Wells. It is also the first downtown Chicago street to be named after a woman of color.

Mary Bartelme Park was named to honor the first female judge in Illinois. Bartelme helped establish the first juvenile court system in America. She even donated her own home in Chicago to establish a group home for young girls, named Mary's Club. In total, she established three Mary's Club homes, including one for African-American girls. Mary Bartelme Park is located in the West Loop. The park includes a fountain plaza, a children's playground, a dog park, and more. It is open every day from 6 am to 11pm.



The St. Regis Chicago
Picture from studiogang.com

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Jeanne Gang is a famous architect from Illinois. She has designed many buildings around the world, like the Aqua Tower in Chicago, One Delisle in Toronto, and The St. Regis Chicago. The St. Regis Chicago is the tallest building designed by a woman, standing at 1,198 ft, and also is the third tallest building in Chicago.

TF NORTH HIGH SCHOOL PROM

HOLLYWOOD

★★★★

SCAN FOR INFO

Saturday, May 18, 2024
6:00 pm - 10:00 pm
Georgios Banquets
Orland Park, IL

PURCHASE TICKETS MARCH 1-26

T.F. NORTH HIGH SCHOOL

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HERFF JONES BY YOUR SIDE.

Miranda Cuanetl

Why do we need a Women's History Month?

OPINION

People might often ask, "Why do we need a special month to honor women?" Well, if you were to take a look back at history from a woman's perspective, maybe you would understand the importance of the struggles that women faced to earn the success they have today. The annual celebration of Women's History Month is to remind us of the struggles that women have faced and continue to face. We celebrate women's history to highlight the contributions of women throughout history. Women's equality can help our community to be a safer and healthier place for women. By providing protection amongst women, we are reducing the levels of anxiety, depression, and low self-esteem for women. Gender equality is a right that everyone deserves. The struggle for women of all backgrounds has been around for centuries, and even to this day in modern society. These struggles include gender based violence, unequal pay, inadequate healthcare, and so much more. People also might often ask, "Why don't we have a Men's History Month?" or "I don't think there should be a Women's History Month if there is no Men's History Month". In other words basically saying there should be no months dedicated to women or men's history because it will be an imbalance. There is no need for having balance because the imbalance is the whole point of why we have Women's History Month. There is no degradation of men by celebrating Women's History Month. Men have never had to fight for "men's rights." While women have had to fight for their right to vote, education, fair pay. There is no such need for one because the history of men's accomplishments are already well taught and respected. Men's history is taught in schools all year round. While women's history is only mainly taught during the month of March. We recognize the accomplishments of men every day, but it is important to recognize the accomplishments of women too because they are often not talked about as much and forgotten. So during this Women's History Month, whether it be your mom, sister, friend, or any other important woman to you, take a minute to tell them you appreciate them.

Senior Exams
May 14th and May 15th

Underclassmen Exams
May 31st, June 3rd & 4th

Diamond Adams

Mae Jemison, Out of this world

In 1992, Mae Jemison was the first black woman to travel in space. According to Womenshistory.com, Jemison was born on August 17, 1956 in Decatur, Alabama. A few years later, she moved to Chicago, IL. At a very young age, she also wanted to study science. She grew up listening to the Apollo airings on TV. In 1973, she graduated from Morgan Park High School at the age of 16. After she graduated, she went to Stanford University in California. She was the only African American student in her class and experienced racial discrimination. In 1977, Jemison graduated with a Bachelor of Science degree in Chemical Engineering and a Bachelor of Arts degree in African American Studies. Later, she attended Cornell Medical School. She also traveled to Cuba to lead a study for the American Medical Association. In 1983, Jemison joined the Peace Corps and served as a medical officer for two years. After hearing that Sally Ride was the first woman in space, she decided to apply to the astronaut program at NASA. After the space shuttle exploded in 1986, NASA was not accepting new people. But this did not stop her. In 1987, Jemison applied again and was accepted. After being selected, she was trained with NASA and worked on projects at the Kennedy Space Center in Florida. On September 12, 1992, Jemison and six other astronauts went into outer space on the space shuttle Endeavor. This made Jemison the first African American woman in space. In 1993, she left NASA after being an astronaut for six years. She started the Jemison Group that promotes science and technology and became the leader of the 100 year starship. In 2001, she came out with a book Find Where the Wind Goes that tells the story about her life.



Photo from Britannica.com

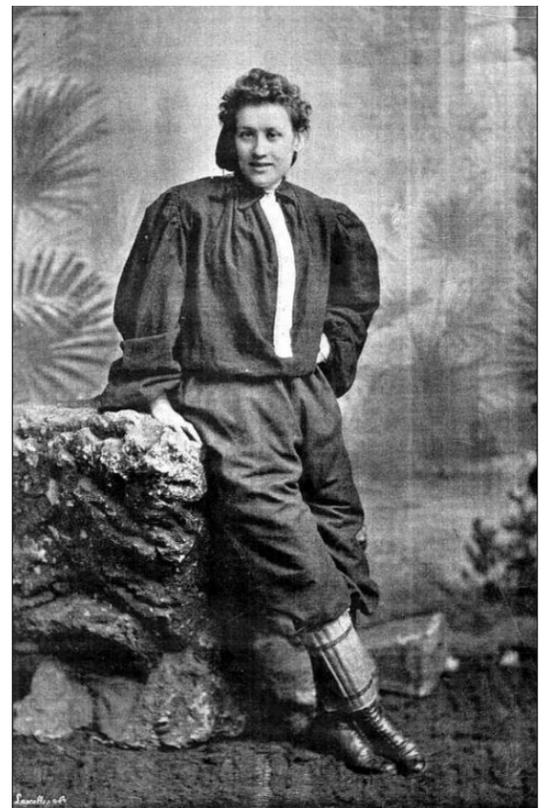


Photo from Wikipedia

Story by Jasmine Pastrana

Who was Nellie Honeyball?

The first women's soccer team was invented in England. The founder of the women's soccer team was Nettie Honeyball and 30 other women who helped her with the idea for the first women's professional soccer club. It all started in 1894 when Honeyball began placing newspaper advertisements for players. Honeyball and her friend Lady Florence Dixie formed the BLFC (British Lady Football Club) in 1895 in the area that she visited or lived in. Then she scheduled the team's first match in 1895. There were over 12,000 people that attended that game that day. People believed that Honeyball may have been from a middle class family in Pimlico, but it is unknown. The British team was mainly middle class ladies that had joined the BLFC. Honeyball had described football "a manly game that could be womanly as well." Honeyball's last recorded appearance was for the BLFC on May 13, 1895.



Bessie Coleman, the first female African American pilot. Created by junior Emily Sanchez

Emily Sanchez

Guide to female empowerment films for teens

Many people love movies, whether it is suspense, drama, comedy, or horror. Films are a way for awareness to be spread on topics so that everyone can learn about new ideas. In 1922, Germaine Dulac directed the film *La Souriante Madame Beudet* (*The Smiling Madame Beudet*), considered by many the first feminist film. Female empowerment films in today's times are more "woke" and aware of problems that women have to face and overcome—things such as sexual assault, sexism, reproductive health, and more. Movies are a quicker way for awareness and information to spread across the world. There is no need for reading, just sitting down for an hour or two to watch a film can better one's knowledge of women, their struggles, and accomplishments. If you are interested in watching movies focused on these topics, consider viewing the following. *The Color Purple* (PG-13) is about an African American teenage girl who overcomes having relationships with an abusive father and an abusive husband. *Real Women Have Curves* (PG-13) is about a Mexican-American girl who struggles with her relationship with her mother and learns to love herself. *Wonder Woman* (PG-13) is about a superhero who overcomes stereotypes about women being powerless. *Radium Girls* (Not Rated) is inspired by a true story from the 1920s about young women who won a landmark workers compensation case against their bosses. *Mulan* (G) is a movie about a young Chinese girl who breaks her family's tradition and joins men in war to save China from invaders. *Hidden Figures* (PG) is based on a true story about three African American women who worked at NASA in 1961 helping to put man on the moon.

