The Thorntonian Senior Edition Vol. 87

Letter From the Superintendent



Dear Class of 2021,

You made it! No senior class in history has ever experienced the type of senior year that you have experienced this year, and I am so very proud of each and every one of you for persevering through difficult circumstances to earn your high school diploma. Although your senior year may not have turned out as you imagined it, I want to assure you that you have learned many worthwhile and important life skills this year in addition to all you have learned from your academics. Many of you have had to juggle school work, a job, helping out with younger siblings or other family members, and more. This experience in learning to handle multiple responsibilities simultaneously is one you will need as an adult. You have also had to learn to adapt quickly to changing schedules, changing technology, and changing

extracurriculars and athletics. Adapting quickly to evolving circumstances is an incredibly important component of being a successful adult. Additionally, some of you have dealt with health challenges or mental health challenges for the first time and have learned the importance of reaching out for help when it is needed. This will serve you well in the future.

It has been an honor to be your superintendent this school year, and I want you to know that your administrators and teachers care deeply about you. We have worked hard this year to make the best decisions possible regarding your education for your final year of high school. As you leave T.F. North for the next chapter of your life, I hope you will commit to being a life-long learner. I also hope you will commit to contributing to your community whether you stay in this area or relocate. Best wishes class of 2021, represent us well!



Letter From the Principal Class of 2021.

Congratulations, you are joining 95 years of Thornton Fractional graduates! While no one could have predicted the pandemic that has changed our lives for more than a year, this is absolutely a time for you, your family, and friends to celebrate! You have completed 13 years of school, in which your families, teachers, counselors, and staff members have guided and prepared you for this moment. You now have the opportunity to use everything that you have learned to create your own path in life. Whether you are going on to college,

the military, a trade-school, or into the workforce, you have the power and freedom to make your own decisions and carve your own future. To those of you who have been at North all four years, you may remember your 1st day here. You were likely a little nervous, and unsure in a new building as you went out to the football field for a picnic lunch and then walked around the building to the auditorium. Since those first days, I've been so impressed with the confidence and maturity you have shown while becoming the young adults you are today. Whether it be in the classroom, athletics, dance, cheer, plays, musicals, speech or band, I have enjoyed every minute of watching the growth you each have shown throughout these years. Beyond the classroom, athletics, and activities, I will always remember the smiles, jokes, and playfulness that took place in the halls before the world as we knew it changed. I'm extremely excited that we are still able to host a Senior Prom and traditional Graduation Ceremony. While the pandemic will cause some changes to these events, it will not erase the years of memories you have made here in classrooms, in the halls, on Zooms, and through sports and activities. You will always have the friendships made, along with the laughs, cries, and range of emotions that come with it. No virus can take those memories away from you! As joyous of an occasion as graduating is, the uncertainty of what comes next can seem daunting, especially in our current situation. While none of us know exactly what is next, I believe strongly that if you follow your dreams and interests, you will accomplish whatever goals you set for yourself. Life is not about doing what others think you should do, instead it is about finding what YOU want to do. It is alright if you don't know what you want yet, but my advice is to stay true to yourself, and always treat people fairly. I strongly believe that "good things happen to good people", which is why we have stressed four key values throughout your high school career: hardworking, caring, responsible, and respectful. They are more than words, they are a blueprint for life. I assure you, if you live by those four values, the sky's the limit and the world will be yours! Again, Congratulations Class of 2021! You did it, and I could not be more proud of you. With the events of the past year, you will always hold a special place in my heart, and I can't wait to hear about all the great things you go on to do!

Sincerely, Mr. Rucinski

Senior Success!!!

By:Keishwan Craig

To be the top 5% of students in a high school class is a very prestigious position to have. This position obviously shows hard work and determination, but there can be things about the grind of getting to this position that are overlooked or unknown.

The top 5% percent of students of the senior class are all in the same category, which means they must share some common traits. According to counselor Allison Braasch the characteristics they share are, "tenacity, willingness to be flexible and open to the changes of the last year, and consistency." She states that they've been open to the changes from in person to online. Also showing consistency throughout it which shows that they

adapt to situations and make the very best of them. This is a great life skill to have especially after high school.



How long have they been at the top? One year? Two years? Or even all four? According to Allison Braasch, "Throughout any given graduating class, the ranks fluctuate somewhat, but to be in the top 5%, the students must have been high-achieving throughout the entire high school journey." This information shows that some have been here and others have worked up to this position. Either way is a great accomplishment. To climb up and beat out others to become one of the top is amazing, so is maintaining it for four years.

These students are all in a very prestigious position in the class and have all worked hard to get there. This position is not an easy feat and only so many can do it. In a way Michelle Valdivia, Emily Diaz, Jesus Trejo III, Jesus Barraza Jr., Pearl Westerlund, Gabriela Chaparro, Chanyrah Gamble, Jocelyn Villalobos, Brandon Cerna, Rebeka Hernandez, Edgar Godina Correa, Keith Conner, Jennifer Ramos, Akinsola Akindele, Alejandra Villegas, and Miriam Gutierrez are all making history.

What would you have done differently??? (Advice for Underclassmen)

Joy Babatunde

"I don't really regret anything, only wished I started my freshman year stronger."

Chanyrah Gamble

"I would have started using a planner like the beginning of high school as well as build more connections with teachers/faculty... helps in the long run with college apps."

Andy Barshop

"Do all your work when it's assigned."

Arely Fitz

"I wouldn't do anything differently. As long as you try your best & you know you did, it's okay."

Bria Ware

"Stop procrastinating!!" "Being myself :)"

Justin Quijano

"Don't sweat the small stuff. No matter what happens life will go on." Laryah Johnson "I don't regret anything/Live your life and be humble."

Jadon Keene "Get the easiest classes possible!"

Owa Owa

"Actually did my homework and went to class more often."

Laimyai Brignac "Kept up with all my classes."

Morgan Clark

"Something I would have done differently is interact with everyone more when I was a fresh/soph. I would have also been in more clubs and activities. My advice is to be yourself and stay focused."

Gianna De Haro

"Senioritis is real but I would tell them to not let it get the best of them and to start off good."

Janet M. Bender

"I would have turned in a little more homework. Do 80% of the homework and ace every test, you pass the class with like a high B."

Lailah Webster

"I wish i would've stayed on task freshman year because it will hit you senior year."

Simone Rosell

"Don't let a person or anything stop you from doing what you need to do."

Kavelle Harlan

"Don't do sports if you like having free-time."

Grant Jackson

"Probably would have worked harder than I did"

Aaniyah Williams

"Everything, every moment and every experience matters."

Jocelyn Navarro

"Something I would've don't differently is doing well in all my four years, not just my senior year. "Pay attention in class and don't be afraid to ask questions."

Jasmeen Rodriguez

"I wouldn't have done anything different but the people I chose to call friends junior year."

Clarisse Jones

"Stay focused, don't let nobody stop you from grinding and it's okay not to fit in with people. Don't change who you are just so someone can like you. Be a leader, lead your people to the finish line."

Cinthya Luna

"I would have taken advantage of many more clubs." "Don't worry about what other people think. Hold your head up high and plunge forward -Izuku Midoriya"

Zaniya Price

"I wish I would have participated in more activities and managed my time better."

Godrein Owusu

"Do any assignment you get right away so you don't have to wait and do it later."

Erica Goodman

"Work smarter not harder."

Markeise Nieves

"I would've done what I wanted because doing as told really gets you nowhere but a world of confusion."

Jada Wilkins

"I would have been more myself and more calm, on being alone sometimes and not rush into anything."

Darrius Gunn

"If I went back in time to my freshman year, I would do everything the same and just get out a little more in the summer, don't let someone take the fun out of your outside world with things you don't want to do, it's ok to be a loner."

Kamara Ratliff

"The advice I have for lower classes is just be on top of your work and stay positive and focus. Yes it's gonna get difficult but hopefully y'all get the change to stay in school for four years."

Jesus Dominguez

"I would have tried to have more fun with everything. I was always so focused on academics but never tried to have fun with other aspects of my life. As you grow your mind intellectually, it is also healthy to expand it to fun experiences in life especially while we're still young."

Derek Smith Jr.

"Life is like a sandwich no matter which way you flip it The BREAD COMES FIRST."

Keishawn Craig

"I would advise them to take things seriously and get in work, because I know I goofed off and procrastinated a lot my freshman year." Jamaal Hutton "Stayed on top of my

work"

Cameron Edarenor

"I mean for lower classes I don't believe much needed to be done."

Ja'mes Barnes

"I would have taken school more seriously."

Carlos Sánchez

"Please pay attention and read please. It will help a lot."

Desaree Sanders

"I would have focused on my main goal in order to have done better." "To be a hard worker and never give up on your end goals, anything is possible and nothing is ahead of you."

Quintin Jefferson

"I would have turned in all my work on time when it was given to me. Advice I have is don't overthink everything and don't stress over little things"

Tanyah Pearson

"Focused more and not having no distractions" **Denise** "Turned in all my work"

Manuel Ramirez "Get ahead of your work as much as you can and don't let it stack up."

Jekyah Stepter "Don't give up for nothing. I know it's hard but anybody doubts you just prove them wrong and use it as motivation."

Tavion Jackson "Be more focused and complete all work instead of being distracted"

Quincy Brown "I wouldn't use all the time provided to do my work."

Vanessa Ogedegbe "Take it a day at a time. But also remember to have fun while at school."

Abigail Perez

"Just do your work. It's really hard sometime but if you don't put in effort school will get 10 times harder."

Keshawn Tiffith

"I would've studied more and I would have paid more attention."

Elma Martinez

"Advice that I have for lower classes is to always be aware of due dates, ask questions when you need help, and don't over stress it's not good for you and it will only harm your grades."

Jahnez Williams

"Live your life like a sandwich, bread always comes first."

Billy McCarter "Do more of my homework."

Erick Lechuga

"Do all your work even if it's late."

Nayah Carter

"The only thing I would have done differently was to ask to help when I needed."

Kyra Roberson

"Do your work early." "As one of the members of the family."

Nataly Favela

"What I would have done differently is get my work in on time and go to class every single day on time and prepared"

Brayan Jaimes

"What I would have done was challenged myself even more. Take Step Up classes to get more credits and have some free periods." "Shoot for the moon, even if you miss. You'll land amongst the stars."

Jaime Rojas Ramos

"My advice for lower classes is do the work because if you try it's gonna reflect and it's going to pay off."

Gianna De Haro

"Senioritis is real but I would tell them to not let it get the best of them and to start off good."

Jalen Parker

"I would have taken advantage of the extra programs at school."

Chris Spears

"Try band , Study and don't take the days you are in school for granted"

Darrius Gunn

"If I went back in time to my freshman year, I would do everything the same and just get out a little more in the summer, don't let someone take the fun out of your outside world with things you don't want to do, it's ok to be a loner."

Melenice Bland

"I wish I've taken advantage of the opportunities that I encounter. Such as going to the homework center to get extra help. Being respectful to teachers and the people around me knowing it would help me become a better person. Surround yourself with positive as it would rub off on you. Get involved in activities and sports and it gets things off your mind. Also to have something to look forward to. Don't give up on yourself, and don't worry about friends and drama because those things aren't going to come around later. Look at High School as your future and as you always wish to be a doctor, law, teacher, or singer know that you have to put the work in now. Don't let nothing stop you"

Roy Meneweather II

High school is important whether you think it is or not."

Trevontae J. Gartrell

"Always focus on assignments and turn them in when it is due late. It's far better than getting a zero."

Kenyetta Young

"Stay on top of your work and do your homework."

Nevaeh Harris

"Focus and stay motivated"

Andrew

"What I what have did differently is join clubs my advice for lower classes is don't procrastinate because it cause to much stress"

Jayla Robertson

"I would say stay focused and keep your grades up because high school goes by very fast and before you know it, it will be time to start applying to colleges and you want to give yourself the best chance possible of getting in wherever you want. It's okay to miss parties, kickbacks etc because your future is more important."

Somaii Washington

"I would have reached out to the resources the school provides you when you need help. So when you don't understand a lesson in class there's study groups or actual teachers willing to help."

Torrence Cox

"Try your best and always give your full effort."

Jimmy "Do work"

Sheri Montgomery

"Never let someone who is jealous, dictate your life choices."

Quintin Jefferson

"Nothing, but keep giving it my all."

Karina Barrientos

"Take your work seriously." "Being kind and respectful to others."

Alena Houston "Blessed"

Edgar Medina

"Life is like a sandwich. No matter how you flip it, bread comes first."

Dayana Cruz "If it hurts you so much..."

Tiara Bullock "...how can it possibly be the right thing for you?"

Laura Sanchez

"There's a little animal in all of us, and maybe that's something to celebrate, our animal instinct is what makes us seek comfort, warmth, a pack to run with. We may feel caged...We may feel trapped...But still, as humans, we can find ways to feel free. We are each other's keepers. We are the guardians of our own humanity. And even though there's a beast inside all of us...What sets us apart from the animals is that we can think, feel, dream, and love. And against all odds...against all instinct...we evolve. Grey's Anatomy Season 4, Episode 12"



Remember Me For...

Ceontae Washington "That person"

Joy Babatunde

"I want to be remembered for being a very joyous and optimistic student :)"

Chanyrah Gamble

"I want to be remembered as the girl who remained humble and caring even when things didn't turn out in my favor."

Andy Barshop

"All the time we sat in class together is the biggest memory."

Arely Fitz "Being the shortes

"Being the shortest."

Justin Quijano

"My unbotheredness. I'm always just chilling."

Laryah Johnson

"My creativity and Style ..Subscribe to my YouTube channel @ Ryah Exquisite Life"

Jadon Keene

"Always being myself and never becoming somebody I'm not."

Owa Owa

"Nothing lol. I was not a good student, just a good learner."

Laimyai Brignac "A hard working student."

Morgan Clark "I want to be remembered as a nice, helpful, friendly, intelligent and unique person."

Gianna De Haro "A wonderful student that became successful"

Janet M. Bender "My ability to be a class clown, but the teachers liked me because I was still respectful and did work."

Simone Rosell

"I want to be remembered for my character."

Grant Jackson "Me being in football and everybody seeing that."

Jocelyn Navarro

"I want to leave TF North remembering the nice person that would help others when I could."

Jasmeen Rodriguez

"A girl who always gave great advice that always comes out to be right."

Clarisse Jones

"Person that never let the struggle defines her"

Zaniya Price

"I want to be remembered for being a very hardworking, selfless, and kind hearted student."

Godrein Owusu "Winning our team state"

Erica Goodman

"Part of newspaper and having the cutest eyebrows"

Jada Wilkins

"A good person who made herself out of something and was somebody, important in this world and school."

Darrius Gunn

"As someone they could come to for advice and laughs"

Kamara Ratliff

"I want to be remembered as a student of TF North for being goofy and having a positive mindset through my whole four years I was here.

Derek Smith Jr.

"I want to be remembered as a section leader for our school band and member of our great wrestling team."

Keishawn Craig "A good spirited person."

Cameron Edarenor

"A quiet and cool student who did youtube and loves playing video games and watching anime..." **Ja'mes Barnes** "I want to be remembered for being fresh."

Carlos Sánchez "Not what I'm known for now."

Quintin Jefferson "For my art"

Tanyah Pearson "Working hard"

Jekyah Stepter "Somebody that has been through a lot but still proved everybody wrong and made it to the end"

Tavion Jackson "A good student"

Quincy Brown "Doing clubs and sports."

Keshawn Tiffith "I would like to be remembered as a student who works hard."

Elma Martinez "I want to be remembered as the shortest."

Jahnez Williams "The football player no one could guard" **Billy McCarter** "My enthusiasm."

Nayah Carter "I want to be remembered as a student who did not give up even when things may seem impossible."

Kyra Roberson "Being hardworking"

Nataly Favela "What I want to be remembered for as a student of tf north is a hardworking person even though the pandemic was going on I tried my hardest and I never gave up."

Gianna De Haro "A wonderful student that became successful"

Jalen Parker "For being a smart and kind person"

Chris Spears

"I want to be remembered as the best drummer at TFNorth High School and the best roller skater at TF North"

Darrius Gunn "As someone they could come to for advice and laughs"

Melenice Bland

"I want to be remembered as ambitious, eager to be successful, smart, funny, good spokesman person, different, love to sing, and love to help others that's struggling, finances problems or even their emotional well being."

Trevontae J. Gartrell

"I don't know for sure but I want to be remembered for being a hardworking student at T.F." North.

Kenyetta Young

"Funny"

Nevaeh Harris "I was one of the cutest"

Andrew "I want to be remembered as the person who was always there to help you."

Jayla Robertson "Best dressed."

Somaii Washington

"I want to be remembered as the girl who never got into any drama, and who was in color guard."

Torrence Cox

"Regardless of how good or bad my day was, I always tried to smile and be polite."

Jimmy

"Being lazy"

Sheri Montgomery

"Every year was a new look for me, more determined, always a winner."

Quintin Jefferson

"A person that tried the hardest."

Karina Barrientos

"Being kind and respectful to others."

Tiara Bullock

"I want to be remembered as a role model for The Thornotonian."



By: Joseph Dunem

As the school year comes to an end, it is time to say good bye and good luck to the class of 2021. But there are some seniors that don't know what they want to do after high school or some who do know what they want but don't know how to start.



With graduation near, many seniors are excited to start their life, whether it means going to college, trade school, military, or going to work. But there are still some seniors that aren't sure what they want to do in life or how to start, and that is ok because at Thornton Fractional North High School there are counselors that are ready to help students.

No matter what path students want to take, the counselor can help. A study conducted by Arkansas state university showed that "Counselors directly

The helping hand

influence students' high school experiences in many ways, like writing letters of recommendation, obtaining SAT fee waivers, assisting in the completion of college or job applications, and other individual accommodations." They are here to help make sure students are successful in life. Students that are going to college, counselors will help pick the right one, and students that are going to the military, counselors will also get a recruiter. Any student that needs help meeting the requirements for graduation, counselors will also help with that. It won't be easy, and no matter what seniors decide to do after highschool, expect it to get difficult at times.



Principal Brian Rucinski said it best, "It is perfectly normal to not know what you want to do with your life yet. As you decide, I encourage you to chase your dreams, and go after a job or career that you have an interest or passion in. If you are willing to work hard, you can be successful doing whatever you want. Understand that to achieve your dream job or career, you may have to spend time taking classes or doing jobs that you don't necessarily enjoy. That is part of the



process, and it is ok as long as you are chasing that dream of yours. Know that there may be bumpy roads along the way, but it is part of the process." It is not always clear for all seniors to know what they want to do after high school, but here at T.F. North, the counselors are always here with a helping hand.

T.F. North Graduates Choose Their Pathway

By: Victor Herrera

After June 24th, T.F. North's illustrious Class of 2021 will be going into the world. This transition into adulthood holds many paths. Although college appears to be the most traditional route after highschool, that is not always the case for every student.

College isn't for everyone. A phrase that might sound oversimplified but holds truth with many people. There are many options for those who do not want to go to college.



"Options after high school include college, working, military, trade school, or a combo of any of those." Said guidance counselor Mrs. Braasch. Options range from joining the workforce, joining the armed forces, and trade school.

Joining the workforce entails many things. Whether it be working for a store to working for the city to even trade school. City workers on average earn over \$48k a year in Calumet City according to govsalaries.com, this could entail a job in the parks district, public works and even clerical work. And while that pay isn't the highest in the state there is always room to get promoted to higher positions that hold a higher salary. This experience working for any municipality can help push someone into local government and/or the private sector for lawn

care, public works, and even clerical work. Another option is joining the armed forces.



After taking the ASVAB you are eligible to join any branch according to USGOV.com .Service in these branches vary from combat roles to clerical work, to medical, mechanical and even public relations. Joining the armed forces has many great benefits such as medical insurance, good pay, free college, help with buying a home and so much more. A career in the armed forces can be promising as well due to the experience you gain. Many after leaving tend to

go into politics or even in the private sector working security.

Finally, the best option for many after high school is trade school. Trade school could be for many things such as plumbing, carpentry, and even electricians. An apprenticeship in any of these fields during and/or after trade school comes with many benefits. Such as joining a union, great pay ranging from \$25-\$50+. Typically the unions in these trades give you many options such as credit unions, great medical insurance for you and, depending on the plan, even your family.



Great pay, great hours, and even privileges in loans and so much more. These advantages can help you create a stable future for yourself financially compared to those who went to college and accumulate student loans which can be crippling for many.

No matter what option is chosen after high school, the most important objective is to create a stable financial structure for yourself through other methods such as trade school and joining the armed forces can help create a future full of success.



North Breaks Ground

By: Tiara Bullock and Erica Goodman

On April 22, 2021, various members of the district 215 school board



welcomed new light to a dark room with the official breaking ground ceremony for the new Cosmetology Lab which will be the start for the new Cosmetology Course.

A few years ago during a T.F. North hosted college fair, teachers and staff noticed the abundance of students being drawn to the barber shop and cosmetology trade presentations and began the plan to create a cosmetology program for students to take during highschool instead of waiting till graduation. Teachers and staff saw the constant demand for cosmetology and later found a way to add an extra resource for students and the community. With the use of an old storage room, across the hall from the art

room, and behind the music theory room, is a large space covered in dust and darkness--until now. Not only is life being brought back to an old T.F. North classroom, but it is one that aims to shine for the community as well.



Members of Calumet City will be able to get their hair cut, nails done, and so much more while the students get early practice for a lifelong career in barber and cosmetology.

Mr. Tim Stephen, director of facilities for district 215 is the man with the plan, the floor plan. Mr. Tim Stephan chose the room where the new cosmetology lab will be held. "I worked here for 19 years. I was here



working in this building. And it was just space that had been unused and I was looking for an opportunity" stelae. Had a vision for greatness which T.F. North is helping achieve. The cosmetology program is a two year course available to freshman, sophomores and juniors. If you decide you want to attend cosmetology lab it will be considered an elective. T.F. North continues to set up their students with as much help as possible to make sure everyone has a chance to be successful.

This is just a start to all the greatness T.F. North wants to spread to students thanks to members of our community who care and want everyone to have a great start in life.

Advice To The Class of 2021...

Mrs. Donovan

"Don't be defined by other's opinions. Be polite, thank them for their input, and then stun them with your success!!"

Mrs. Simpson

"I wish I would have told my high school teachers how much I appreciated them."

Carrie Hood

"Be open to your life leading in unexpected directions; it's not always a good idea to stay with the goals you have made for yourself right now."

Nicole Dresden

"Pursue a path that makes you happy! Military, trade school, two year college, four year college, certification program - they're all great! Don't be afraid to pursue your dream job!"

Mrs Meghan Csoke

"Save your money and travel as much as possible! Work hard in your studies and job but really take some time to see other countries and soak up different cultures. Those experiences will help shape who you are and how you chose to live your life in the future!"

Megan Weber

"Make it a great day or not- the choice is yours!"

Karla McDaniel

"Find your joy and do all things in moderation. Take some time out for yourself from your studies or your work. You have to practice self-care in order to be healthy and productive in your work."

Mrs. E. Jones

"Keep going! Even when you think you need a break, even if times get tough, just push through and don't stop until you reach your goal."

Mark McDaniel

"Go off the path METEORS! Your eye must travel and see the adventures that await you. Be eager to go new places. Enjoy the fun of failure! You will have those 'life isn't fair' days. So, always be happy and LESS SELF-CENTERED."

Jessica Basinger

"You don't need your whole life planned out right now. It will fall into place if you work hard!"



Diane DeSoto

"First of all, Class of 2021, you definitely deserve BIGGER CONGRATULATIONS than usual for this very unique accomplishment. Your ENTIRE senior year was remote and yet, you graduate. Lift your head EXTRA HIGH and tell the stories with pride.

Now, my advice for you is... be YOU. When you lay your head down each night, do it knowing that you went through your day authentically and with pride. Also, we all make mistakes. But when you make them, admit them, and move on. And lastly, surround yourself with authentic people who respect you, who want you to succeed, and who are happy to congratulate you for your successes. And spread that kind of respect to everybody you meet.

BIGGEST CONGRATULATIONS TO YOU, CLASS OF 2021! You have SO MUCH to be proud of."

Juanita Medina

"Trust in your ability! Don't be afraid - just do it! :)"

Mr Twietmeyer

"Don't feel the need to "rush" through high school. Get involved and enjoy the time you have with your HS classmates. You will reflect on HS for the rest of your life, so make your memories good ones."

Mrs. Bivins

"Make a list of everything you want to accomplish and set a time for each accomplishment. Keep that list where you can see it often and continually work towards those accomplishments. Don't loose sight of your goals and desires. "

Miss Stramaglia

"Keep asking questions. I asked a lot of questions in high school and in grad school, but in my undergrad years I was too scared to look like I didn't know what I was doing. Trust me no one will remember the kid who asked too many questions, so ASK!"

Raymond Smith

"Be a continuous goal setter and goal getter. When your actions are tied to goals you're more likely to make better decisions. Be sure to break your bigger goals into smaller parts, and celebrate those small wins as they come. They will keep you motivated toward pursuing the big goal."

Amy Herr

"Always do what you're afraid to do! Do not be afraid of failure!"

Tips and Advice

Aaron Altenburg

"RULES TO LIVE BY My bad!!! Admit when you're wrong and don't be afraid to make mistakes. Mistakes are a part of life, just be sure to learn from them.

Be grown!!! There's no age attached to being grown. Grown means paying your bills, taking care of your business, and making the right decisions. Be petty!!! Pay attention to the small details. Hold the door for people, say please and thank you whenever you have the opportunity.

Be thirsty!!! Figure out what you want and go get it. If you don't someone will take it from you.

Do you!!! Be yourself. Be tough enough to be able to figure out who you are, not what others want you to be, and make the choices that make you better.

Do the most!!! No one ever got their degree, a job or anything else they wanted in life by doing the least.

Turn up!!! Have a blast, life's too short not to. There's so much out there for you to experience, go out there and experience it.

TBT(Throwback Thursday)!!! Remember where you came from, those who helped you and the struggles that got you to where you are.

On my momma!!! Everything you say and everything you do is a reflection on your family. Take a second to think before you speak or do. Show everyone you were raised right. Merch!!!Or Cap!!! Keep your word, if you say you're going to do something do it. People will respect you for it.

Throw shade!!! Cast your shadow on this world. Do something big, do something memorable, do something that makes the world a better place.

Squad!!! Surround yourself with people that will build you up not those that bring you down with them.

On Fleek!!! First impressions are called first for a reason. Dress to impress, look people in the eye and have a firm handshake. It will go a long way.

Keep it 100 !!! Be real with others and be real with yourself. This world gives you what you give it. Think about what you want it to give you.

Goofies and Lames. There will always be haters out there trying to bring you down, saying you can't make a difference. They are doing it out of jealousy and hate, "don't let goofies and lames bring you down. "'

