

WELCOME TO SENIOR YEAR!

WHAT EVERY STUDENT SHOULD KNOW...

GUIDANCE DEPARTMENT STAFF

- Allison Braasch (A-Da) 585-1018
- Juanita Medina (De-He) 585-1032
- Lauri Like (Hi-M) 585-1019
- Angela Shama (N-Sh) 585-1021
- Susan Olson (Si-Z) 585-1020
- Maria Chavez, Social Worker 585-1066
- Tajmar James, Social Worker 585-1163
- Lori Lindsay-Knox, Psychologist 585-1155

REASONS TO SEE YOUR COUNSELOR

POST-SECONDARY
PLANS!

- **Academic** – Questions regarding your schedule, credits, college planning, etc.
- **Career** – Questions regarding career planning, job exploration, etc.
- **Personal/Social** – Concerns regarding issues that occur with your friends, partners, family, etc.



There are some exceptions to confidentiality.

USE REMIND TO CONTACT COUNSELORS AND GET VITAL SENIOR INFORMATION!

- To: 81010
- Mrs. Braasch @tfnjoin
- Mrs. Like @like2022
- Mrs. Medina@22medin
- Mrs. Shama@22tfnhs
- Mrs. Olson @olson2022

HOW TO SEE YOUR COUNSELOR

- Use attached QR code. Code is also available in Guidance! Or if you don't have a phone please:
- complete the form in the Guidance Department on the first floor, and your counselor will send a pass for you.



Guidance Office - T.F. North Appointment Request

Name: _____

I.D. Number _____

Date: _____ Fr So Jr Sr
(Circle class)

___ Mrs. Braasch (A-B-C)
___ Mrs. Medina (D-E-F-G-He)
___ Mrs. Like (Hi-I-J-K-L-Me)
___ Mrs. Shama (Mi-N-O-P-Q-R-Sh)
___ Mrs. Olson (Si-T-U-V-W-X-Y-Z)

___ Ms. Chavez, Social Worker
___ Mrs. Lindsay, Psychologist
___ Mr. Williams, Assistant Principal

Reason for request:

___ Grades ___ Teacher Conflict
___ Schedule ___ Personal
___ Other _____

___ Credit Recovery ___ Summer School
appt 3/12

HOW TO SIGN UP FOR COLLEGE VISITS @TFN

TAKE A PICTURE OF THIS!!

- Using your school issued device go through TFN website
- Go to Student's tab, click on Naviance
- Log in using your regular information from PowerSchool
- When in Naviance click on Colleges, click Visits
- Review the list of colleges visiting, and click the button on the right to sign up to meet with the college representative.
- Your Naviance account will show you are registered for that event. Show this to your teacher to be excused from that class to attend the college session.
- **Check Naviance weekly because new colleges are added to the list all the time!**



GRADUATION REQUIREMENTS

CREDITS

Freshman:	5 credits
Sophomore:	5+ academic credits
Junior:	12 academic credits
Senior:	18 academic credits

- This is the minimum requirement for a student to advance to the next grade.
- Total needed to graduate = 23 credits
- ***19 CREDITS NEEDED TO ATTEND PROM**
- **If you are assigned credit recovery it is mandatory to pass & complete to meet graduation requirements!**

GRADUATION REQUIREMENTS BY SUBJECT

- **English – 4 Credits**
- **Social Studies – 3 Credits**
- **Math – 3 Credits**
- **Science – 2 Credits**
- **Physical Education/Health – 4 Credits**
- **Electives – 7 Credits**

- **23 Total Credits for GRADUATION!**
- **College admissions – you may need more than the required at North especially Math and Science!**

ATHLETICS & ACTIVITIES

- Badminton
- Basketball
- Bowling
- Cheerleading
- Cross Country
- Dance Team
- Football
- Golf
- Soccer
- Swimming



- Chess
- Meteor Productions
- National Honor Society
- Newspaper
- Drama Club
- Student Council
- Action Team
- Best Buddies
- Connections
- Mathletes
- Robotics
- Peer Mediation
- Coding Club



**THANKS FOR
YOUR ATTENTION**

**WE LOOK FORWARD TO WORKING WITH YOU
THIS YEAR!!**