

INCOMING STUDENT HEALTH AND PHYSICAL REQUIREMENTS

A COMPLETE IMMUNIZATION RECORD includes:

One (1) Meningococcal (MCV4) Vaccine one dose on or after the 11th birthday for 9th, 10th, and 11th graders. Senior students need proof of one vaccine after their 16th birthday.

Two (2) Varicella (Chicken Pox) Vaccines given on or after the first birthday. There must be a minimum of 28 days between dose one and two. Physician diagnosed or verified history of having had the disease is acceptable.

One (1) Tdap (tetanus, diphtheria and pertussis). Three (3) DTP/DTap or TD with last dose given after 4th birthday and qualifying as a booster. Minimum interval: between series doses is 4 weeks, between series and booster 6 months.

Three (3) Hepatitis B Vaccines. There must be a 28 day interval between the first and second vaccine and a 56 day interval between the second and the third vaccine.

Three (3) or more Polio Vaccines. The last dose must be given on or after the fourth birthday. Minimum interval: between series doses is 4 weeks, between series and booster 6 months.

Two (2) Measles, Mumps, Rubella Vaccines (MMR) The first vaccine must be given after the 1st birthday with at least 28 days between the 1st and 2nd dose.

The immunization portion of the physical form must be signed and dated by the health care provider.

PHYSICAL EXAMINATION

- Completed Physicals and Immunizations Records will be due by book pick-up, or before enrollment.
- For a student transferring from out of state: Physical must be dated within one year of the first day of the current school year.
- For an in-state transfer student, the Physical must be dated within one year of the first school day of their freshman year.

The Physical Examination must be completed by a licensed physician, APN, or PA. Make sure that the doctor indicates that the student can participate in P.E. and Interscholastic Sports and that he/she signs and dates this portion of the form.

PLEASE NOTE: The school entrance physical and the athletic physical are two different forms. **THE ONLY FORM ACCEPTED FOR ENTRANCE INTO THE NINTH GRADE IS THE CURRENTLY APPROVED IDPH CERTIFICATE OF CHILD EXAMINATION (11/15).** Athletic physicals are not accepted for high school entry.

HEALTH HISTORY

This required portion of the physical form must be completed, signed and dated by the parent or guardian.

DENTAL EXAMINATION

Proof of a current dental examination is now required for all freshman students. The Proof of School Dental Examination Form is included.

MEDICATIONS AT SCHOOL

All medications must be kept in the nurse's office in the original container with the student's name on the container. All medications must be accompanied by a written statement from the parent permitting the student to have that specific medication at school. Prescription medication must also include a written doctor's order to have this medication at school. The nurse can request a doctor's order for non-prescription medication, if deemed necessary. Medication orders and permission slips, including those for Epi Pen, must be renewed every school year. Remaining medication must be picked up within ten days of the discontinuation date or at the end of the school year, or it will be disposed of by the school nurse. The District Medication order form is included.

CARE PLANS FOR CRONIC HEALTH CONDITIONS

Care Plans for Food or Insect Allergies, Asthma, Diabetes, or Seizure Disorders and other chronic health conditions are required yearly and when changes are made. They should be completed by the student's health care provider and parent/guardian. General health care plans can also be submitted for other chronic health conditions. These forms can be submitted along with the physical. District care plan forms can be downloaded <https://www.tfd215.org/north/parents/school-nurses-office/>