

# GIRLS BADMINTON 2012

State - 6th Place



## 2012 Dream Season !

Coaches Can Only Dream of a Season Like This

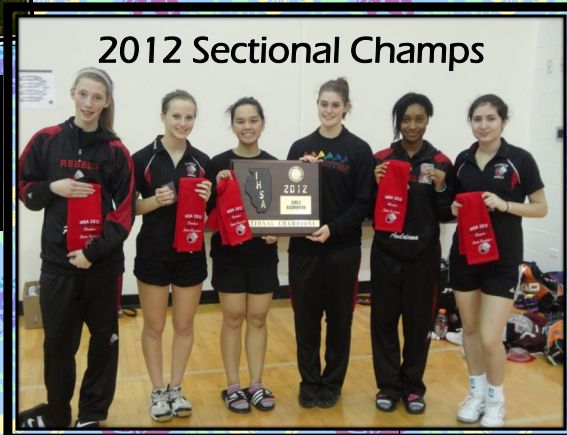
### Accomplishments

- IHSA State Tournament— 6th Place !
- SSC Conference Champions 2012 !
- IHSA SECTIONAL CHAMPIONS !
- 1st Place TFS 'Grey' Invite—7 Teams
- 1st Place TFS 'Red' Invite—7 Teams
- 1st Place Lockport Invite - 12 Team Invite
- 1st Place DeKalb Invite (A)—8 Teams
- 1st Place DeKalb Invite (B) —12 Teams
- Dual Meet Record: 19 & 0
- Downstate Qualifiers—6x
- Conference Champions—12x Individuals
- IHSA All Academic Achievement Award
- Sectional Host—TFS ranked 2nd out of 24 Schools

In the 3 short years, the TF South badminton program established themselves as one of the best teams in the State. The Varsity team was mainly composed of juniors and sophomores and showed tremendous improvement as the season progressed. Our best is yet to come ! We will repeat our Conference Title next year.

Excellent attendance as well as excellence in the classroom made this years team special. The girls attended multiple summer instructional camps and participated in 'open' gyms throughout the year. We will also be communicating with 7th & 8th graders to begin their badminton careers with summer camp participation.

The next step for our freshmen, sophomore, junior, badminton players is to attend 'Free' summer camps. Seniors are expected to serve as coaches at these camps.



*Excellence in Badminton  
has  
finally surfaced at TFS*



### Special Badminton Points

- Varsity record: 19 Wins/0 Loss
- Gomez/Johnson/Breshock/Corpuz/Pasko/Pollard all qualified for the State Tourney.
- SSC Conference Champions. TF South claimed 12 out of the 15 possible Championships ! Claimed both Sectional Championships also.

#### *Winning at the Top !*

- Received the IHSA Team Academic Achievement Award AGAIN !
- Highest Badminton Expectations established for TF South High School for next year..
- Established 'Badminton' contact with the feeder grammar schools. Many 'future' badminton players identified.
- The coaches truly believe that the returning players can't wait for summer camps and the start of next years 2013 season.
- 'Love for Badminton' has finally surfaced here at TF South !
- TF South Hosted the SSC Conference Tourney and Sectional Tourney this year. TFS once again Showcase for Badminton
- 2012 SSC Conference Champs were Gomez / Johnson/Pollard/Crosby/Leiner/Breshock/Farlow/Creighton/Fionda/Pasko/Maricich/Corpuz.....WOW !

## State Tournament News EIU May 10-12th ...

Special Thanks to the TFS Booster Club ,Besse Shirt & Lettering , and the TFS Maintenance Dept.

TF South returned to the State Badminton Tournament again this year.

Jessica Gomez, Andriana Johnson, Cassie Breshock, Jhennie Corpuz/Jenna Pasko, and Shannon Pollard represented TF South at the State Tournament at Eastern Illinois University by finishing 1st at the TF South Sectional. Jessica was seeded 9th in the State.and Shannon and Jenna were seeded 5th..

Gomez won 2 matches downstate and finished in **17th** place. Pollard and Pasko won 5 matches and finished in **3rd** place. Breshock and Corpuz won 5 matches also and finished in **9th** place. The team finished **6th** in the state with 10.5 points.

*A side note to the sectional tournament was that TF South took top honors in both singles and doubles and qualified 6 players.*



Thanks



## *Time & Commitment has made Badminton At TF South High School Unbelievable !*



The TF South Girls Badminton program reached new heights quicker than expected. The Girls Badminton program is now headed in the right direction. The Sophomore Class has provided a strong foundation for the next 2 years. They are definitely a 'special' group of athletes !

Continued support from the Athletic Director and the community, guarantees TFS a program to grow even further. Maintaining the current coaching staff along with making sure the practice facilities are properly utilized will insure TF South with a healthy successful badminton program for many years to come.

### Special Mention-

Thanks to our PARENTS

who supported us during the 2012 season.

*"Competent coaching, dedication,, participation in the State Tourney, home invites, fabulous parents, administrative support, and winning records all mixed together form a popular and successful high school Badminton program."*



*'Whether you think you can  
or whether you think you  
can't,  
you're right!'*



*'It's not whether you win or  
lose -  
It's whether I win !*



## 2012 ATTENDANCE

\*Bonus days: Sundays .... 54 Days Possible

*	
Jessica Ballard	50
Kelli Farlow	52
Bri Fisher	42
Shannon Pollard	55
Erica Maricich	50
Cassie Breshock	55
Andriana Johnson	49
Jessica Gomez	56
Emily Leiner	50
Cameron Crosby	52
Jhennie Corpuz	51
Jenna Pasko	56
Rachel Fionda	55
Kristina Creighton	55

## Special Awards



**MVP:** (On Court) - Jessica Gomez  
(Off Court) - Shannon Pollard

**MIP:** Cassie Breshock

**Captains:** Jhennie Corpuz & Erica Maricich

**Conference Champions**      **Sectional Champions**

Jessica Gomez #1 Singles

Jessica Gomez—Singles

Andriana Johnson #2 Singles

Pasko/Pollard—Doubles

Shannon Pollard #3 Singles

Jenna Pasko #4 Singles

**State Tourney**

Cassie Breshock #5 Singles

Pollard/Pasko —3rd Place

Emily Leiner #7 Singles

Breshock/Corpuz—9th Place

Erica Maricich #9 Singles

Gomez—17th Place

Kelli Farlow #10 Singles

Corpuz/Breshock #2 Doubles

Johnson/Gomez #3 Doubles

Maricich/Leiner #4 Doubles

Creighton/Fionda #5 Doubles



# Things You Should Know !

## Successful Badminton Planning

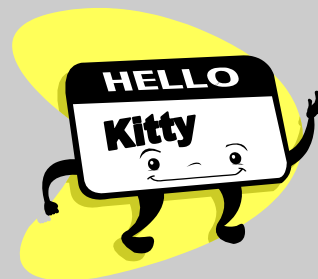


- Freshmen year: Develop Swing/Footwork/No Backhands
- Extend arm on singles serves—'C' Serve
- Drive game (Daily) All 3 levels—Strength—Hand and Eye
- Use A-B-C Serves—Play Smart
- Jump to corners to execute shots
- Compact swing with wrist pronation—SCOOP SHOT !
- 2-3, 2-2, 1-4 combos
- 4 Corners (Daily) (Sundays !)
- Mental Toughness—Play through injuries and sickness
- Condition—Get Stronger in Game 3
- Hit with Coaches (Daily)
- Clinician at Private Badminton Lessons
- Just Win—Baby !



## Nicknames

Lil Monster—Fish  
 Lil 'B' - Prom Goers  
 Gomie—Gomielicious  
 EM—Sweet Pea  
 Polly— Mr. Jose  
 Corpie—Miss Jose  
 Shuttle Dragons  
 Bubble Gum Machine  
 Afro-Mex  
 Mexican Missile  
 A.J.  
 Camie  
 Flat Leiner—Hard Leiner



## GOOD LUCK TO OUR SENIORS: Erica—Kristina—Rachel

### *Our SENIORS will be greatly missed.*

At the conclusion of every Badminton season, a final fare-well to our seniors is a very sad moment. They provided the team with many victories and memorable moments for 4 years. Captain Erica Marichich, Kristina Creighton, and Ra-



chel Fionda set excellent examples for the younger players to follow. They had excellent attendance and always conducted themselves as perfect Lady Rebels. Jessica, Rachel, and Kristina will be moving on to bigger better careers.

*WE Will Miss You !*

*Thank You !*

### *Good Luck !*



## Formula for Badminton Success



Luck has nothing to do with success in the sport of Badminton. Dedication, knowledge, and hard work all contribute equally to becoming a winning Badminton player.

TF South was lucky to have 2 volunteer/unpaid coaches with vast playing and coaching experience. Having the girls hit with experienced players is the most important element in their skill advancement.

Jose Martinez and Jessica Rising provided that extra set of eyes and extra hitting practice.

Thanks !







ilian perez

2011  
United States  
Men's Singles  
Champion

BINTANG  
BADMINTON



2012 BADMINTON







**QUIET PLEASE**  
Badminton Player  
**AT WORK**









# 2012 'Dream' Season

## NEXT YEAR !

### *Dream Year !*

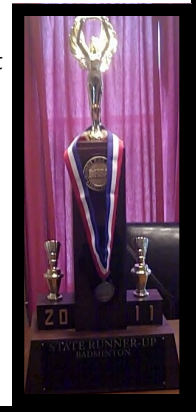
- 6th Place IHSA State Tournament
- SSC 2012 Conference Champs (Repeat)
- 1st Place Sectionals
- 12 Conference Individual Champs
- 3 Sectional Individual Champs
- 5 Varsity Invite Championships
- Undeafed Dual Match Season (19-0)
- Jessica Gomez—17th Place State Singles
- Pollard/Pasko—3rd Place State Doubles
- Breshock/Corpuz—9th Place State Doubles
- IHSA Academic Achievement Award
- Hosted SSC Conference Tourney
- Hosted Sectional Tourney
- Hosted 3 Home Invites
- Fabulous Trip Downstate
- Badminton Towels/Snuggies/Medals
- Ilian Perez—#1 USA Singles Player

### *Why ?*

- Attend Summer Camps (Free)
- Attend Winter/Spring Clinics
- Open Gyms—Wednesdays (1:50)
- Optional Sunday Training
- Preseason Tourneys
- Badminton Dedication
- 4 Coaches (2x Volunteers)
- Jrs & Srs helping Fresh & Sophs
- Drills
- 'Toughness' on the court
- Mental Awareness
- Perfect Attendance
- Administrative Support (Marc Brewle)
- Booster Club Support
- Parents Support
- Execution of Match Strategies
- Placing Badminton 1st
- TFS Finally Recognizing Badminton
- 'Badminton Crazy'
- Creating a Tough Schedule
- Responsibility & Respect
- GREAT ATTITUDES !



Gum Ball Magic ?



# Final 2012 Player Records



**BADMINTON  
MAKES THE WORLD A  
HAPPY PLACE**



**SOUTH SUBURBAN CONFERENCE  
Champions**



## Final 2012 Team Records



19 Wins & 0 Losses — Dual Matches (Won 5 Invites)

1st Place—SSC Conference—12 Conference Champions

1st Place—TF South Sectional (17.5 pts) - 2 Sectional Champions

6th Place—State Tournament (10.5pts) - (92 schools Competed)

## Final Comments

*Badminton may be considered a minor sport, but it plays a major role in the lives of many TFS High School athletes.*

The TF South Badminton team has finally earned the respect of the administration, booster club, staff members, SSC opponents, parents, and current and past players.

Those who have played Badminton, LOVE the SPORT—those who haven't, usually criticize the sport without ever knowing the skill involved and the dedication required to be successful.

This year's team was well behaved throughout the season. They maintained excellent grades with no ineligibilities. That accomplishment has earned them the IHSA Academic Achievement Award for the 2nd straight year..

As WE end up our 3rd year of coaching the Rebels Badminton team, We found it to be exciting and enjoyable with many ups and hardly any downs. We have established a strong foundation for Badminton to grow at TF South.

Large turnouts with success on the courts as well as in the classroom will be trademarks of our Badminton program for many years to come. Our biggest goal is to maintain excellence and continuity that winning programs all exhibit.

We are proud of our player's attitudes, effort, sportsmanship, and dedication exhibited throughout the 2012 season.

We anxiously await our summer training programs and the start of next year's competition.

Favorites to WIN STATE !

TFS Badminton Coaches, 2012

*The 2012 Badminton Season ends with TF South being PROUD of their Badminton Team, PROUD of their Winning Record, PROUD of their Behavior and PROUD of their Academic Excellence exhibited during the 2012 season.*



**Peace Love  
Badminton**

IHSA TEAM ACADEMIC ACHIEVEMENT AWARD Recipient—2years in a row !