





2014

Perfect Season!

Perfection

- IHSA State Tournament— 1st Place!

 Repeat—2x
- SSC Conference Champions 2014!
 4Peat-4x
- IHSA SECTIONAL CHAMPIONS!

3-Peat-3x

- 1st Place Shepard Invite—10 Teams
- 1st Place TFS 'Grey' Invite—7 Teams
- 1st Place TFS 'Red' Invite—7 Teams
- Dual Meet Record: 20 & 0
- Downstate Qualifiers—6x (Maximum)
- Conference Champions—14 Individual Champions
- Sectional Host—TFS ranked 1st out of 23 Schools
- 1st Individual State Champions at TFS since 1975.

n the last 5 years, the TF South Badminton Team has established themselves as the <u>best</u> <u>program in the **State**</u>.

(2011-2nd) (2012-6th) (2013-1st) (2014-1st)

School history was made with the team winning BACK to BACK IHSA Championships.

TF South had for the first time in 40 years an

INDIVIDUAL STATE CHAMPION

(Cassie Breshock/Jenna Pasko)

Excellent attendance as well as excellence in the classroom made this years team **special**. The girls attended multiple summer instructional camps and participated in 'open' gyms throughout the year. We will also be communicating with 7th & 8th graders to begin their badminton careers with summer camp participation

The next step for our freshmen, sophomore, junior badminton players is to .attend 'Free' summer camps. Seniors are expected to serve as coaches at these camps.

2014 IHSA State Tournament—Champions Eastern Illinois University.....Oops! We Did It Again

TF South won the IHSA State Badminton Tournament at EIU for the 2nd year in a row.

Jessica Gomez represented TF South at the State Tournament at Eastern Illinois University by finishing 1st at the TF South Sectional at #1 singles. Jessica was seeded 1st in the State and finished in 3rd place.

Jenna Pasko and Cassie Breshock finished 1st at Doubles and qualified for the State Tourney and were seeded 1st in the State and finished in 1st place.

Cameron Crosby and Paula Rodriguez were not seeded at the State tourney and finished in 9th place.

Bri Walker won 1 match in singles at the State Tourney.





Time & Commitment <u>has made</u> Badminton At TF South High School <u>Unbelievable</u>!



The TF South Girls Badminton program reached the ultimate goal in 2013 and again in 2014.

A fter defeating Buffalo Grove, New Trier, Stevenson, Fremd, Hinsdale South, Naperville Central, York, Lyons, Downers Grove North along with 90 other prominent schools, the entire State of Illinois is aware of the quality program and the fabulous young athletes that TF South has to offer.

Continued support from the Athletic Director and the community, guarantees TFS future success. Maintaining the current coaching staff along with making sure the practice facilities are properly utilized will insure TF South with a healthy successful badminton program for many years to come.

"Competent coaching, dedication,, winning the State Tourney, home invites, administrative support, and winning records all mixed together form a popular and successful high school Badminton program."







2014 ATTENDANCE

.... 54 Days Possible

Varsity

Kristi Fisher 53 Bri Walker 54 Jonai Hill 49 Alex Ramierz 49 Tye Johnson 48 Cassie Breshock 54

Cassidy Creighton 46
Cameron Crosby 52

Jeanne Colin 54

Fritzie Flores

Jessica Gomez

Jenna Pasko 49

Brittany Arreola 53

Paula Rodriguez 54

Precious Powe 54

Special Awards

<u>Tourney MVP</u>: Cameron Crosby/Paula Rodriguez

MIP: Kristi Fisher

Captains: Cassie Breshock/Jessica Gomez



Sectional Champions

Jessica Gomez—Singles Breshock/Pasko—Doubles

<u>State Tourney</u>

Jessica Gomez—3rd Place Bri Walker—1 Win Breshock/Pasko—1st Place Rodriguez/Crosby—9th Place

Conference Champions

Jessica Gomez#1 Singles
Cassie Breshock #2 Singles
Jenna Pasko #3 Singles
Bri Walker #4 Singles
Cameron Crosby #5 Singles
Brittany Arreola#6 Singles
Jeanne Colin #8 Singles
Kristi Fisher #9 Singles
Precious Powe #10 Singles
Pasko//Breshock #1 Doubles
Gomez/Walker #2 Doubles
Crsoby/Rodriguez #3 Doubles
Arreola/Colin #4 Doubles
Fisher/Ramierz #5 Doubles

TF South-Simply 'The Best' Again

In 2013, we didn't know how to win without having tears in our eyes.

In 2014, our eyes were filled with joy and pride.



time

May 15, 2014 11:55 am • BRIAN NIELSEN JG-TC Sports Editor

and IMCA hadminton title descrit naticularly bring hanny memories for the team returning to

That IHSA badminton title doesn't particularly bring happy memories for the team returning to Eastern Illinois University's Student Recreation Center for the state tournament set for Friday and Saturday.

"It was kind of like we won but we lost," coach Bob Tengstrand said. "We didn't know how to win and that was my fault. We were in tears at the podulum and they weren't happy tears. We didn't know what happened to Jesskia (Gomez), and we lost a couple of matches we shouldn't have. They had a parade for us and we almost canceled it because we just didn't want to celebrate."

Particularly not ready to do cartwheels then was Jessica Gomez, who had to default her third-place match because of injury leaving her TF South team title what she called biltersweet.

"Last year I fore my ACL and meniscus so it was pretty tough," Gomez said. "I had six months of

<u>Nicknames</u>

Frenchie

Gomie

Cletus

Lil Monster

King of the Hill

Sweet Pea

Walker

Ooh La La

3-2-1

Camie

Top of the Hill

Gomee-Licious

A-Train





GOOD LUCK TO OUR SENIORS—JESSICA/CASSIE/PAULA/CAMERON/JEANNE

Our SENIORS will be greatly missed.

At the conclusion of every Badminton season, a final farewell to our seniors is a very sad moment. They provided the team with many victories and memorable moments. Gomez, Breshock, Rodriguez, Crosby and Colin (French Exchange Student) set excellent examples for the younger players to follow. They had excellent attendance and always conducted themselves as perfect Lady Rebels. Jessica Gomez and Cassie Breshock were the Varsity Captains.





ressica Gomez—#1 seed singles Cassie Breshock/Jenna Pasko—#1 Seed Doubles

Dedication, Athletic Ability, and Pride = State Title

Luck has nothing to do with success in the sport of Badminton. Dedication, knowledge, and hard work all contribute equally to becoming a winning Badminton player.



Thornton Fractional South High School and the Lansing Community deserved everything the Badminton Team accomplished.

Your Support, Funding, Respect, and Cooperation were important ingredients in winning the championships.

Thank You!

We WON-YOU WON

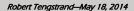






Big Thanks - Again

"Without support from many *special* people, the State Victory would never have taken place!"





We Won - You Won

- Marc Brewe, Athletic Director
- Entire Maintenance Staff
- · Parents
- · Coaches: Jessica Rising, Jose Martinez, Sean Coultas
- . TF South Booster Club
- District #215 School Board
- Besse Shirt & Lettering
- · Hammond Times/Southtown Star/Tribune/Sun/Times
- Lansing Police & Fire Department
- Brittany—Athletic Trainer
- . ALL Our Friends

Scoreboard Last updated at 2:31 pm CURRENT STANDINGS Top Teams Lansing (Thornton Fractional South) 16.0 2 Buffalo Grove 3 LaGrange (Lyons) 12.0 Darien (Hinsdale South) 11.0 10.5 Hinsdale (Central) 8 Mt. Prospect (Prospect) 10.0 6 Palatine (Fremd) 10.0 Naperville (North) 7.5 Elmhurst (York) 7.5 9 Lockport (Twp.) Top Finishers Singles 1 Stephanie Lin, LaGrange (Lyons) 2 Judy Yang, Darien (Hinsdale South) Jessica Gomez, Lansing (Thornton Fractional South) Angela Wu, Palatine (Fremd) Jessica Hu. Naperville (North) Allison Ma, Naperville (Central) Doubles Cassie Breshock & Jenna Pasko, Lansing (Thornton Fractional South)

Julie Jambrone & Katelyn Sommers,

Jessica Hirsh & Stephanie Venturelli, Mt.

Mady Berns & Madison Fortman, Buffalo

5 Suzi Choi & Annie Parno, Palatine (Fremd)

Amy Wey & Samantha McClary, Hinsdale

Buffalo Grove

Prospect (Prospect)

Final 2014 Player Records

Name	Singles	Doubles
Brittany Arreola	16-2	42-4
Bri Walker	42-10	14-2
Cassie Breshock	28-1	37-0
Alex Ramierz	8-1	23-5
Jessica Gomez	43-1	7-0
Fritzie Flores	5-7	20-3
Tye Johnson	6-8	9-3
Precious Powe	10-4	5-3
Cameron Crosby	8-1	50-9
Kristi Fisher	15-4	30-5
Jonai Hill	3-1	7-2
Jenna Pasko	24-0	37-0
Cassidy Creighton	7-6	2-1
Jeanne Colin	9-2	42-4
Paula Rodriguez	10-2	51-9
Totals	234-50	367-48

Final 2014 Team Records

20 Wins & 0 Losses — Dual Matches

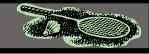
1st Place—SSC Conference—14 Conference Champions

1st Place—TF South Sectional (18 pts) - 2 Sectional Champions

1st Place—State Tournament (16.pts) - (93 Schools)



Final Comments



Badminton may be considered a minor sport, but it plays a <u>major role</u> in the lives of many TFS High School athletes.

he TF South Badminton team has earned the respect of the administration, booster club, staff members, SSC opponents, parents, and current and past players.

Those who have played Badminton, LOVE the SPORT—those who haven't, usually criticize the sport without ever knowing the skill involved and the dedication required to be successful.

This year's team was well behaved throughout the season. They maintained their grades and carried an excellent average GPA average. s I end up my 5th year of coaching the Rebels Badminton team, I found it to be the most exciting and enjoyable season ever. We have established a strong foundation for Badminton to grow at TF South. Large turnouts with success on the courts as well as in the classroom will be trademarks of our Badminton program for many years to come. Our biggest goal is to maintain excellence and continuity that winning programs all exhibit.

e are proud of our player's attitudes, effort, sportsmanship, and dedication exhibited throughout the 2014 season.

anxiously await our summer training programs and the start of next year's competition.

Robert Tengstrand, Head Coach 2014

The 2014 Badminton Season ends with TF South being <u>PROUD</u> of their Badminton Team, <u>PROUD</u> of their Winning Record, <u>PROUD</u> of their Behavior and <u>PROUD</u> of their Academic Excellence exhibited during the 2014 season.

Special Recognition to

Coaches:

Sean Coultas

Jessica Rising

Jose Martinez

The Future

2015-IHSA State Title-3 Peat ?